

**DEPARTMENT OF PHYSICAL EDUCATION  
KURUKSHETRA UNIVERSITY KURUKSHETRA**

**INFORMATION ABOUT ACADEMIC DEPARTMENTS FOR WEB-PORTAL**

**Department Profile**

The Department of Physical Education was started in the year 1973, Since then the Department is running the Courses of M.P.Ed. (two years), Ph.D. in Physical Education, beside few other courses and also organising Personal Contact Programmes, seminars of M.Phil. classes in collaboration with Directorate of Distance Education of Kurukshetra University. The M.Phil. course has also been introduced in the Department from the academic session 2006-07.

The founder of the Department was Prof. Gulab Singh Chaudhary, the then Chairman(Since retired). The Department have produced more than 80 Ph.D. and 350 M.Phil. students, and also about 85 students have qualified NET/SET test. All such students are eligible for appointment as teacher in various colleges/Universities. A majority of such students have already been engaged as teacher in the different colleges/Universities all over Haryana and the country.

Besides, the one year Certificate Courses in Physical Education(C.P.Ed.) and Diploma in Physical Education(D.P.Ed.) were also introduced during the session 1996-97. About 200 Physical Education teachers for school level are produced by the Department every year. The Certificate Course in Physical Education has been discontinued w.e.f the session 2006-07 and the nomenclature of Diploma in Physical Education(1-Year) (D.P.Ed.) has been changed to Bachelor in Physical Education(1-year) (B.P.Ed.), as per requirement of the NCTE, Jaipur.

Certificate Course in Yoga(3 months duration) has been introduced from the year 1994-95 and more than 550 students have already completed the course successfully. PG Diploma in Yoga(1-Year) has been introduced in the Department from the academic session 2004-05.

Chairperson : Dr. O. P. Gahlawat  
Contact Information : 01744-238547, 094164-05549  
Faculty Information :

	Joining Date	Specialization	Qualification	Contact No.
Chairperson Prof. O.P.Gahlawat	23.7.1977	History & Principles Of Physical Education	M.P.Ed., Ph.D.	01744-238547 094164-05549
Prof. M.S.Chauhan	1.10.1984	Anatomy & Physiology, Sports Medicine, Test Measurements and evaluation in Physical Education.	M.P.Ed., Ph.D.	01744-238925 098969-55373
Dr.Rakam Singh, Reader	11.8.1982	Yoga, Anatomy & Physiology	M.P.Ed.B.Ed..in Yoga, Ph.D.	01744-238663 094165-70866
Dr.(Mrs)Usha Lohan,Reader	10.8.1984	Sports Psychology, Sports Sociology	M.P.Ed.,NIS.,Ph.D.	01744-238186 098120-74671
Sh.Ram Chander, Lecturer	6.10.1995	Health Education, Techniques of Officiating & Coaching.	M.P.Ed., NIS.	01744-238263 098967-54642

Dr(Mrs.)Usha Rani,Lecturer (On deputation)	22.12.2001	Methods,Organisation & Administration of Physical Education, Anatomy & Physical Education.	M.P.Ed.,Ph.D.	01744-238844
Dr. Parveen Tripathi,Yoga Instructor	18.1.1999	Yoga Training, and Research in Yoga.	M.P.Ed., Ph.D. D.Y.Ed.	01744-239995, 094164-12560
Mrs.Rajni Bali,Yoga Instructor	23.7.1994	Yoga Instructor, and Research in Yoga.	B.Sc.in Sports Sciences, M.P.Ed., D.Y.Ed.	01744-239995

### Courses Offered:

B.P.Ed.	:	Annual Examination
PG Dip.in Yoga	:	Annual Examination
M.P.Ed.	:	Annual Examination
M.Phil.	:	Annual Examination
Certificate Course in Yoga	:	Annual Examination
Ph.D.	:	Through Entrance Test

### Profile of different courses offered

Degree Type	Course Duration	No. of sanctioned seats	Scheme of Exam. (Annual/Semester)
B.P.Ed.	One Year	44+10 (NRI)	Annual
PG Dip.in Yoga	One Year	40+5(NRI)	Annual
M.P.Ed.	Two Years	34+20(NRI)	Annual
M.Phil.	One Year	20	Annual
CC.in Yoga	3 months	No limit	Annual
Ph.D.	Four Years	As per availability of seats with teacher.	Through Viva-voce test

### Details of different courses: Semester-wise/Year-wise details:

Course Name:	B.P.Ed.
Course Type:	Bachelors' Degree
Exam.Scheme:	Annual
Duration:	One Year

Paper Code	Paper Name	Paper Type	Max. Marks	Internal	External
Course-I	History & Principles of Physical Education & Sports	Compulsory	100	NIL	100
Course-II	Psychology & Sociology with reference to Physical Education & Sports	Compulsory	100	NIL	100
Course-III	Anatomy, Physiology & Kinesiology	Compulsory	100	NIL	100
Course-IV	Sports Management	Compulsory	100	NIL	100
Course-V	Techniques of Officiating & Coaching	Compulsory	100	NIL	100
Course-VI	Health Education, Yoga & Recreation	Compulsory	100	NIL	100
Course-VII	Practical I,II & III	Compulsory	300(100 Marks each)	60(20 Marks each)	240( 80 marks each)



Course Name : **M.P.Ed.**  
 Course Type: Post-Graduate Degree  
 Exam.Scheme: Annual  
 Duration: Two Year  
**M.P.Ed.(Previous)**

Paper Code	Paper Name	Paper Type	Max. Marks	Internal	External
Course-I	History and Principles of Physical Education	Compulsory	100	NIL	100
Course-II	Kinesiology	Compulsory	100	NIL	100
Course-III	Anatomy and Physiology	Compulsory	100	NIL	100
Course-IV	Methods, Organisation and Administration of Physical Education	Compulsory	100	NIL	100
Course-V	Techniques of Officiating and Coaching	Compulsory	100	NIL	100
Course-VI	i-Health Education Theory: 60 Marks Practical: 40 Marks ii) Yoga Theory: 60 Marks Practical: 40 Marks iii)Recreation Theory: 60 Marks Practical: 40 Marks	Optional	100	NIL	100
Course-VII	Practical I,II & III	Compulsory	150(50 Marks each)	NIL	150 (50 Marks each)

**M.P.Ed.(Final)**

Paper Code	Paper Name	Paper Type	Max. Marks	Internal	External
Course-I	Sports Psychology	Compulsory	100	NIL	100
Course-II	Test, Measurement and Evaluation in Physical Education	Compulsory	100	NIL	100
Course-III	Research Methodology in Physical Education	Compulsory	100	NIL	100
Course-IV	Sports Medicine	Compulsory	100	NIL	100
Course-V	Scientific Principles of Sports Training	Compulsory	100		
Course-VI	i)Supervision in Physical Education ii)Sports Sociology iii)Dissertation	Optional	100 100 100	NIL NIL NIL	100 100 100
Course-VII	Practical (I,II & III)	Compulsory	150(50 Marks each)	NIL	150(50 Marks each)

Course Name : M.Phil.  
 Course type : Post graduate  
 Exam.Scheme : Annual Exam.  
 Duration : One Year

**M.Phil. (Physical Education)**

Paper Code	Paper Name	Paper Type	Max. Marks	Internal	External
Course-I	Research Methodology	Compulsory	100	Nil	100
Course-II	Measurement, Evaluation and Statistics in Physical Education	Compulsory	100	Nil	100

Course-III	i-Bio-Mechanics in Physical Education & Sports	Optional	100 60(Theory) 40(Practical)	NIL	100
	ii-Sports Management	Optional	100 60(Theory) 40(Practical)	NIL	100
Course-IV	i-Sports Psychology	Optional	100 60(Theory) 40(Practical)	NIL	100
	ii-Kinanthropometry	Optional	100 60(Theory) 40(Practical)	NIL	100
Seminars	Two	Compulsory	100(50 Marks each)	NIL	100(50 Marks each)
Dissertation	---	Compulsory	----	----	----

### **Facilities**

Library	Available in the Dept. (Approx. 400 books are available, besides 70 Ph.D. thesis and 70 M.Phil. dissertations)
Teaching Labs	Health Lab and Gymnasium Hall with all required latest equipments and other items with adequate capacity according to sanctioned strength of students. Some of the latest equipments are Treadmills, Anthropometer, BP Appratus, Skin fold Caliper, Overhead Projector, Sliding Caliper,
Other facilities	2 Pentium IV Computers with printer, one Laptop & LCD Projector. CTV, VCR,

**PLACEMENT CELL:**

**Placement information is NIL, as no Placement Cell exists:**

**Information on Seminar and Conferences :**

No Seminar or Conference organized in the Department(2006-07).

**Information on Research Activities (Projects) : NIL**

**Information on Achievement:** Subject & Area : Physical Education and Sports

The Department have produced more than 80 Ph.D. and 350 M.Phil. students, and also about 85 students have qualified NET/SET test. All such students are eligible for appointment as teacher in various colleges/Universities. A majority of such students have already been engaged as teacher by the different colleges/Universities all over Haryana and the country. After passing one year Certificate Course in Physical Education (C.P.Ed.) (discontinued from the session 2006-07) and D.P.Ed. (nomenclature now changed to B.P.Ed.) about 200 physical education teachers for school level are produced by the Department every year. More than 850 students have already completed the course successfully. More than about 550 students have already completed Certificate Course in Yoga and PG Dip. in Yoga and imparting/spreading the yoga activities in their region for the benefit and maintenance of health.

**CHAIRMAN**

